



ROBERT BENTLEY  
Governor

# Alabama Medicaid Agency

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STEPHANIE MCGEE AZAR  
Commissioner

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Dear Parent/Guardian,

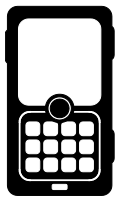
According to our records, your child/children have not had a well-child check-up in more than a year.

Well-child check-ups or screenings keep your child healthy. When your child goes for a check-up, any problems that the doctor finds can be treated right away.



Medicaid will pay for many different types of care. Medical, vision, hearing and behavior screenings, plus follow-up care are covered. If medically necessary, Medicaid also pays for services to treat mental and emotional health issues and substance abuse. If an issue is found during a screening, your doctor can refer you to a specialist or for more testing.

If a problem is found, Medicaid will pay for tests and treatments to help your child. Medicaid will also pay for a ride to get this care. Call 1-800-362-1504 to set up a ride.



### Here is what you need to do:

1. Call your child's or children's primary medical provider (PMP) today and make an appointment. If you do not know who your child's PMP is, please call 1-800-362-1504.
2. If you need to change your child's PMP or have other questions about these services, call 1-800-362-1504 for help.
3. Make a list of any questions you have for the doctor about your child's health. Take it with you to your child's appointment. Be sure to take your child's Medicaid card, too!
4. Keep your appointment! Call and cancel if you cannot come.

**There are many groups who can help you and your child  
have a healthy life.**

**Turn this page over to learn more!**



### **Help Me Grow – Dial 211**

This free program connects Alabama families and parents to people who can answer questions about how their child (birth to age 8) is growing and acting. They can give parents and caretakers ideas on things to do to help their child be healthy and ready for school. Help Me Grow is free and confidential!



### **PAL – Parenting Assistance Line – 1-866-962-3030**

Parenting can be tough and sometimes with today's stresses and problems we all just need a little help. PAL parent specialists will listen to and support moms, dads, grandparents, and relatives whose children are newborns through adolescence. PAL is a free, confidential and anonymous service.



### **Child Find - Early Intervention – 1-800-543-3098**

If you are concerned about your child's development, call the statewide, toll-free Child Find number. Children ages 0-3 who have at least a 25 percent delay in one or more areas (communication, physical – including vision and hearing – adaptive, cognitive and social/emotional) may be eligible for services through the Alabama Department of Rehabilitation Services. TTY number is 800-499-1816 and Spanish-speaking families may call 1-866-450-2838.



### **Mental Health Services Referral Line – 1-800-367-0955**

Through community service providers, the Alabama Department of Mental Health offers help and assistance for persons with mental illness, intellectual disabilities and/or substance abuse disorders.