

If Your HIV Test is

POSITIVE

*It Means You **Should**...*

- Begin to take special care of yourself **now**.
- Get regular medical care to stay healthy.
- Ask your health care worker for other suggestions.

*It Means You **Should Not**...*

- Have sex without a latex condom.
- Share your needles or works, if you shoot drugs.
- Share razors or toothbrushes either.

Who Has to Know...

Your HIV test results are private, but they do affect others. You do not need to name your partners, but those who may also be at risk should be tested. So think carefully about this.

Help Is Available...

There are many places where you can get help. Your health care worker will tell you about them. These services are more than medical. There are support groups that can help you with feelings and other problems.

There is hope for those with HIV. So act on that hope to get the help you need.

If You Have Questions or Need Help...



CALL 1-800-545-1098

to talk to a nurse in private.
THE CALL IS FREE.

If Your HIV Test is

NEGATIVE

It Means...

The test is HIV negative for now. There are no HIV antibodies in your blood. But, it can take up to 6 months after you get the HIV virus for antibodies to show up.

You may need to get another test in 6 months. Ask your health care worker about this.

To Prevent the HIV Virus...

- **Never have sex without a condom.**
- **Never use needles used by others.**
- **Learn all you can about how to prevent HIV.**

If You Have Questions or Need Help...



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