

	Zyban®	Chantix®	Nicotine Nasal Spray	Nicotine Inhalation	Nicotine Gum	Nicotine Lozenge	Nicotine Patch
Available Products	Zyban®, bupropion SR 150 mg tablets <i>Rx only</i>	Chantix® 0.5 mg, 1 mg tablets Starting Month PAK Continuing Month PAK <i>Rx only</i>	Nicotrol® NS 0.5 mg nicotine in 50 mL nicotine solution (1 spray = 0.5 mg nicotine) <i>Rx only</i>	Nicotrol® Inhaler 10 mg cartridge delivers 4 mg inhaled nicotine vapor <i>Rx only</i>	Nicorette®, generic products available 2 mg, 4 mg <i>OTC</i>	Nicorette®, generic products available 2 mg, 4 mg <i>OTC</i>	NicoDerm CQ®, generic products available 7 mg, 14 mg, 21 mg <i>OTC & Rx</i>
Dosing	<p>Days 1-3: 150 mg daily Then increase to 150 mg BID</p> <ul style="list-style-type: none"> Initiate therapy while patient is still smoking Set a “target quit date” within the first 2 weeks of treatment Take at the same time daily Separate doses by 8 hrs Do not exceed 300 mg/day Continue treatment for 7-12 wks Should be swallowed whole and not crushed, divided, or chewed 	<p>Days 1-3: 0.5 mg daily Days 4-7: 0.5 mg BID Week 2-12: 1 mg BID</p> <ul style="list-style-type: none"> Begin 1 wk before the “target quit date” Take after eating and with a full glass of water Treatment duration: 12 weeks Additional 12-wk course may be used for patients who have stopped smoking 	<p>1 spray into each nostril 1-2 times/hr *1 dose = 2 sprays (1 in each nostril)*</p> <p>Initial dose should be at least 8 doses/day</p> <ul style="list-style-type: none"> Patients must stop smoking completely Do not use > 5 doses/hr Do not use > 40 doses/day Wait 5 mins before driving or operating machinery Do not drink or eat 15 mins before or during use Treatment duration: 3 months 	<p>Initial dose for at least the 1st 3-6 wks: 6-16 cartridges/day</p> <ul style="list-style-type: none"> Patients must stop smoking completely Best effect with frequent continuous puffing (20 mins) Inhale into the back of the throat not into the lungs Gradually reduce daily dosage after 12 wks of therapy Do not use > 16 cartridges/day Do not drink or eat 15 mins before or during use Treatment duration: 6 months 	<p>< 25 cigarettes/day: 2 mg</p> <p>≥ 25 cigarettes/day: 4 mg</p> <p>Weeks 1-6: 1 q 1-2 hrs Weeks 7-9: 1 q 2-4 hrs Weeks 10-12: 1 q 4-8 hrs</p> <ul style="list-style-type: none"> Chew each piece slowly until it tingles then park between gum and cheek. When tingle gone chew again Do not drink or eat 15 mins before or during use Do not use > 24 pieces/day Treatment duration: 12 wks 	<p>If 1st cigarette is > 30 mins after waking: 2 mg</p> <p>If 1st cigarette is ≤ 30 mins after waking: 4 mg</p> <p>Weeks 1-6: 1 q 1-2 hrs Weeks 7-9: 1 q 2-4 hrs Weeks 10-12: 1 q 4-8 hrs</p> <ul style="list-style-type: none"> Allow to dissolve slowly (20-30 mins) Do not drink or eat 15 mins before or during use Do not use > 5 lozenges in 6 hrs Do not exceed 20 lozenges/day Treatment duration: 12 wks 	<p>< 10 cigarettes/day: 14 mg x 6 wks 7 mg x 2 wks</p> <p>≥ 10 cigarettes/day: 21 mg x 6 wks (21 mg x 4 wks if generic brand) 14 mg x 2 wks 7 mg x 2 wks</p> <ul style="list-style-type: none"> Patients must stop smoking Apply patch first thing in the morning Apply at the same time daily Patch may be worn for 16 or 24 hrs Do not wear more than 1 patch at a time Do not cut patches in half Treatment duration: 10 wks

Disclaimer: The products listed above may not be FDA approved for use in pregnancy. Prescribing providers must weigh the benefits and risks associated with these medications when prescribing to pregnant females.

References:

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Nicotrol® NS [Prescribing Information]. New York, NY: Pfizer, Inc.; January 2010.

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Nicorette. In: Drug Facts and Comparisons (eFacts). St. Louis: Wolters Kluwer Health [updated 2010, cited 2010 Aug]. Available from: <http://online.factsandcomparisons.com/MonoDisp.aspx?monoID=fandc-hcp12303&quick=537743%7c5&search=537743%7c5&isstemmed=true>

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