

EXTENDED FAMILY PLANNING COUNSELING FORM
(Provided Only at Time of Post-Partum Visit)

Recipient Name: _____ Medicaid # _____
Date of Service: _____ Chart or UMR# _____

NOTE: ONE OF THE TWO COUNSELING SECTIONS BELOW MUST BE COMPLETED

Family Planning Counseling Using PT + 3 Teaching Method (Initial Here): _____

OR

Alternative Family Planning Counseling

Instructions: The following topics (at a minimum) must be discussed and documented. The visit must be face-to-face contact and must be a minimum of 10 minutes.*

Initial each blank below as completed.

1. Age: _____ Number of pregnancies: _____
2. Determine recipient's knowledge/perception of birth control: _____
3. Previous method of birth control (prior to pregnancy): _____
Detail any problems with previous method: _____
Did previous method fail? _____ Why? _____
4. Review methods of birth control: Pills _____ Depo-Provera _____ Spermicides _____ Condoms _____
Tubal ligation _____ Implanon _____ IUD _____ Natural _____ (Explain methods which are unfamiliar to patient)
5. Chosen method of birth control/supplies issued/prescription: _____
6. Briefly describe instructions given regarding importance of correct, consistent, and careful use of contraception for maximum effectiveness: _____ How to use chosen method _____
7. Briefly describe instructions given regarding possible side effects/adverse reactions: _____
_____ Number for problems or emergencies _____ Contraceptive (Fact sheets) given _____
8. Is method compatible with recipient's lifestyle? _____ Explain: _____
9. HIV/STD protection discussed: _____
10. Recipient's understanding of counseling/discussion: _____

NOTE: Follow-up and tracking is required to determine if chosen method was obtained in cases where a Nexplanon insertion or a tubal ligation was designated as the chosen method. Assist recipient with consent forms and appointments, as needed. _____

11. Schedule appointment (explain frequency of revisit): _____

Counselor's Signature

Date

*These are **EXTENDED COUNSELING SERVICES** provided in addition to the routine family planning service required during a post-partum visit.