



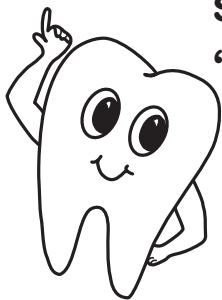
Keep your baby's teeth healthy!

Healthy baby teeth are important now for a pretty smile later!

Here's what you can do:

- 1) Wipe baby's gums every day with a clean, soft cloth,
- 2) Begin brushing baby's teeth as they come in,
- 3) If you give your baby a bottle at nap or bed time, use water,
- 4) Limit sweet drinks and food.

Smiley AL



says

“Don’t forget!”

It is time fo
a checkup!

Name _____

Date _____

Day _____

Time _____

To:
