Keep your baby’s teeth healthy!

Healthy baby teeth are important now for a pretty smile later!

Here’s what you can do:
1) Wipe baby’s gums every day with a clean, soft cloth,
2) Begin brushing baby’s teeth as they come in,
3) If you give your baby a bottle at nap or bed time, use water,
4) Limit sweet drinks and food.
Smiley AL says
“Don’t forget!”
It is time for a checkup!

Name __________________________________________

Date __________________________

Day __________________________

Time __________________________

To: __________________________