



Plan
first

1115 Demonstration Waiver
An Extension of
Family Planning Services
for
Eligible Medicaid Recipients

Alabama Medicaid Agency
Public Forum
Thursday, July 21, 2016

Plan First Program

- A federally approved Research and Demonstration Waiver for family planning services
- A collaboration between the Alabama Department of Public Health and Medicaid
- Extends family planning and family planning-related services
- A program to prevent or delay pregnancy



Who Is Eligible?

Females who:

- are between 19-55 years of age
- have not previously been sterilized
- meet citizenship and alienage requirements
- meet poverty level guidelines
- meet Medicaid Eligibility Criteria

Men who:

- are age 21 years of age or older
- have not previously been sterilized
- meet citizenship and alienage requirements
- meet poverty level guidelines
- meet Medicaid Eligibility Criteria



Changes in Services (January 2015)

- Increased income level for women ages 19-55 to 141% of FPL
- Surgical removal of migrated or embedded IUDs in an office or outpatient hospital setting
- Allow vasectomies for eligible men ages 21 or older

Savings for Medicaid

- Births Averted in DY12 -- 12,000
- At an average of \$3,000 per delivery
- Savings of \$36,000,000



Key Numbers

- Plan First Provider Locations: 2,586 (CY15)
- Plan First Participants: 117,312 (DY15)
- Budgeted Yearly Amount Spent:

<u>2013</u>	<u>2014</u>	<u>2015</u>
39 million	35 million	32 million



Provider Types

- Physicians
- Clinics
- Nurse Midwives
- Nurse Practitioners
- Physician Assistants



Covered Services

- Doctor/clinic visits for Medicaid covered family planning services
- Birth control methods such as pills, injections, contraceptive patch, vaginal ring, IUDs, diaphragms
- Tubal ligations and vasectomies in approved settings
- Plan First care coordination services for high risk women
- Surgical removal of migrated or embedded IUDs in an office or outpatient hospital setting
- Initial Visit (99205-FP)
- Annual Visit (99214-FP)
- Periodic Revisit (99213-FP)
- STD/HIV Risk Screening and Pre-HIV test Counseling (99401 with Diagnosis Code Z309)
- STD/HIV post test counseling (99402 with Diagnosis Code Z309)
- Smoking cessation counseling and smoking cessation products

Care Coordination Services

- Perform initial risk assessment to determine if and what type of care coordination services needed
- Provides special assistance to women who:
 - are at high risk for unintended pregnancy
 - need enhanced contraceptive education
 - need assistance with removing barriers to successful pregnancy planning
 - need encouragement to continue with family spacing plans
- Provided by the Alabama Department of Public Health by licensed social workers and nurses.



Goals for DY14-DY17

- Increase the portion of income eligible women, ages 19 –55 enrolled in Plan First and reduce race/ethnicity and geographic disparities among enrollees.
- Maintain the high level of awareness of the Plan First program among program enrollees.
- Telephone surveys of enrollees will be used to track changes in levels of awareness of the program and enrollment in the program.
- Increase the portion of Plan First enrollees using family planning services initially after enrollment and in subsequent years of enrollment by improving access to services and increasing the rate of return visits for care.
- Survey data suggest that approximately one third of Plan First enrollees are cigarette smokers, and 85% of these were advised by their family planning providers to quit smoking. Increase the number of enrollees who are cigarette smokers to receive either a Nicotine Reduction Therapy prescription, a referral to the Quit line or both.
- Maintain birth rates among Plan First service users that are lower than the estimated birth rates that would be occurring in the absence of the Plan First Demonstration.
- Increase the usage of the Plan First Waiver by making sterilizations available to males ages 21 years or older.



To Find Out More Information About Plan First:

- Call the Toll Free Hotline Number at: 1-888-737-2083
- Click the following link to access Medicaid's website for a list of providers:
http://medicaid.alabama.gov/documents/4.0_Programs/4.4_Medical_Services/4.4.4_Family_Planning/4.4.4.1_Plan_First/4.4.4.1_Plan_First_Providers_5-13-16.pdf
- Contact the local Health Departments for a list of providers
- Click the following link to access Medicaid's Provider Manual, Appendix C, Family Planning:
http://medicaid.alabama.gov/CONTENT/6.0_Providers/6.7_Manuals.aspx



To Find Out More Information About Plan First

The screenshot shows the Alabama Medicaid Agency website. At the top left is the logo with the text "Alabama Medicaid Agency" and "Medicaid". To the right is a banner with a woman and child and the text "Together for Quality". Below this is a navigation menu with items: Home, Newsroom, Apply for Medicaid, Programs, Resources, Providers, Fraud/Abuse Prevention, Contact, Recipients, Reference. On the left side, there is a search bar, buttons for "For Recipients, Applicants, Sponsors" and "For Providers", and a "News" section with sub-tabs for "Alerts" and "Calendar". The "News" section contains three articles: "Forum set for input on Medicaid's Plan First 1115 Demonstration Waiver", "Health Home expansion to help patients with chronic health conditions", and "Governor Bentley appoints Brannan as statewide HIT Coordinator". Below the news are links for "More News", "Follow Us" (Facebook), and "RSS Feed". At the bottom left are icons for "Regional Care Organizations" and "Gateway to Community Living". The main content area features the "Plan First Program" heading, a description, and a list of resources. On the right side, there are logos for "My MEDICAID", "Patient 1st", "One Health Record", "HR INCENTIVE PROGRAM", and "Alabama VOTES". At the bottom, a red box contains instructions on how to access Plan First information on the website.

Alabama Medicaid Agency
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Forum set for input on Medicaid's Plan First 1115 Demonstration Waiver

Health Home expansion to help patients with chronic health conditions

Governor Bentley appoints Brannan as statewide HIT Coordinator

More News Follow Us RSS Feed

Regional Care Organizations Gateway to Community Living

Plan First Program

The Plan First Program is an 1115 Research and Demonstration waiver that extends family planning and birth control services only to eligible women ages 19-55 who do not otherwise qualify for full Medicaid coverage.

- Section 1115 Demonstration Waiver Renewal Application - Submitted to CMS 8/7/14
- Brochure - Plan First
- Care Coordinator List - Updated 5/1/15
- Forms - Family Planning and Plan First
- Forms - Maternity
- Form - Smoking Cessation Prior Authorization Form for Plan First Recipients
- Plan First Provider Agreement/Enrollment Form
- General Information - Plan First
- Provider List - Updated 3/24/14
- Provider Manual - Appendix C
- Plan First Summary Evaluation
- Plan First Provider Presentation

Plan First Public Forum
10:00 a.m., Thursday, June 11, 2015

My MEDICAID
Patient 1st
One Health Record
HR INCENTIVE PROGRAM
Alabama VOTES

Access Plan First information on Alabama Medicaid website at <http://medicaid.alabama.gov/>. Under Programs tab click on Medical Services followed by Family Planning/Plan First, then Plan First Program.

MES Login | ACE Email Login | Home | Statements & Policies | Alabama.gov | Online Services | Media | Top

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General Contact Information

- Alabama Department of Public Health 334-293-6525
- Program Questions 334-353-3562
- Provider Assistance Center 800-688-7989
- Recipient Call Center 800-362-1504
- Recipient Call Center Fax 334-215-4140

Medicaid's Website www.medicaid.alabama.gov