



**Alabama Medicaid Agency  
Plan First 1115 Demonstration Waiver  
Public Forum**

**Thursday, June 11, 2015**

# Plan First Services

- **Most family planning services & supplies**
- **Smoking cessation counseling & products**
- **Birth control options**



# Changes in Services (January 2015)

- **Increased income level for women ages 19-55 to 141% of FPL**
- **Allow IUD removal in medical office setting or outpatient hospital setting**
- **Allow vasectomies for eligible men ages 21 or older**



# Savings for Medicaid

- **\$74,921,000 would have been spent without the Plan First program (DY 2011)**



# Key Numbers

- **Plan First Providers: 1,664 (CY 2013)**
- **Plan First Recipients: 247,108 (DY 13)**
- **Budgeted Yearly Amount Spent:**

2011  
**\$36,932,754**

2012  
**\$39,299,089**

2013  
**\$39,303,008**



# Goals: Plan First Moving Forward

- **Increase # of eligible women enrolled and reduce race/ethnicity & geographic disparities**
- **Maintain high level of program awareness among recipients**
- **Increase consistent use of family planning services by improving access**



# Goals: Plan First Moving Forward

- **Provide smoking cessation therapy and/or Quit Line referrals to smokers advised to quit by family planning provider**
- **Maintain lower birth rates than estimated rates occurring without Plan First**
- **Increase # of Plan First sterilizations for men ages 21 years or older**





Alabama Medicaid Agency

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## Plan First Program

The Plan First Program is an 1115 Research and Demonstration waiver that extends family planning and birth control services only to eligible women ages 19-55 who do not otherwise qualify for full Medicaid coverage.

- Section 1115 Demonstration Waiver Renewal Application - Submitted to CMS 8/7/14
- Brochure - Plan First
- Care Coordinator List - Updated 5/1/15
- Forms - Family Planning and Plan First
- Forms - Maternity
- Form - Smoking Cessation Prior Authorization Form for Plan First Recipients
- Plan First Provider Agreement/Enrollment Form
- General Information - Plan First
- Provider List - Updated 3/24/14
- Provider Manual - Appendix C
- Plan First Summary Evaluation
- Plan First Provider Presentation

Plan First Public Forum

10:00 a.m., Thursday, June 11, 2015



Access Plan First information on Alabama Medicaid website at <http://medicaid.alabama.gov/>.

Under Programs tab click on Medical Services followed by Family Planning/Plan First, then Plan First Program.

# Plan First Contacts

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