



1115 (a) Medicaid Family Planning Demonstration Waiver Plan First Program Annual Public Forum

Presented by the Managed Care Operations Division

Plan First Program Unit

Julie Gilliland, RN, BSN, CPN

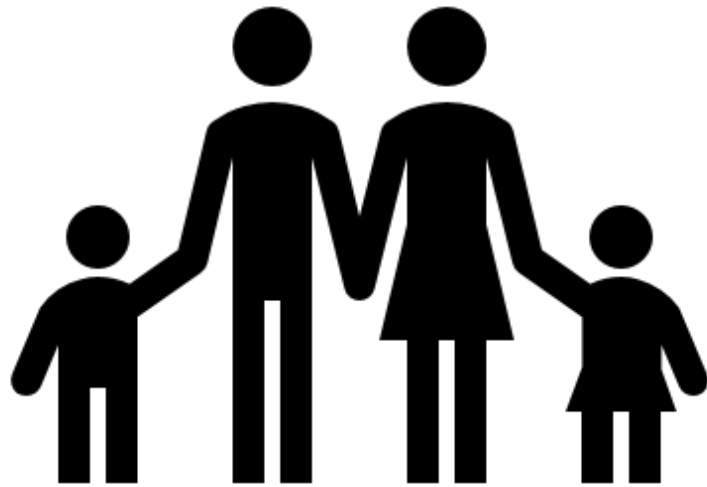
Program Manager, Family Planning/ Plan First Programs

Managed Care Operations Division

Objective of Public Forum

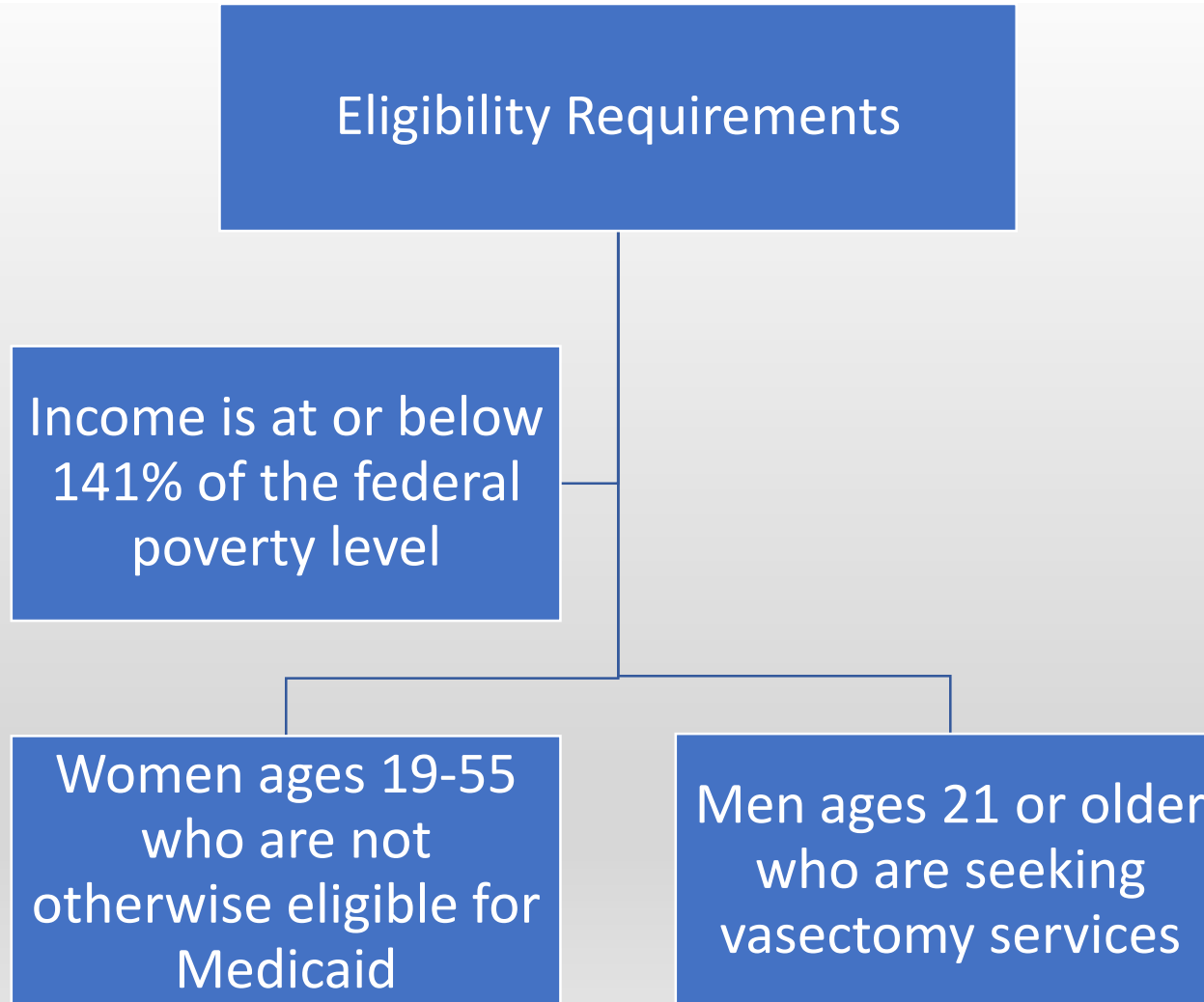
- To afford providers, recipients and other interested individuals the opportunity to provide comments on the progress of the Plan First Section 1115(a) Demonstration Waiver

What is Plan First?



- A federally approved Research and Demonstration Waiver for family planning services. The principle objective of Plan First is to prevent or delay pregnancy as well as, to improve the well-being of Alabama's children and families by extending Medicaid eligibility for family planning services to eligible women/men.
- The waiver was originally approved in 2000 and was renewed by Centers for Medicare and Medicaid (CMS) on November 27, 2017. The current waiver will expire on September 30, 2022.

Who is Eligible?



Types of services covered under the Plan First Program

- Office visits
- Labs
- Contraceptives (pills, patches, rings, LARCs, injections)
- Care coordination
- STD/STI testing and counseling
- Tubal ligations
- Vasectomy/ Vasectomy related services
- Smoking Cessation Services (Nicotine Replacement Therapy (NRT) and Quit Line)

Progress of the Waiver

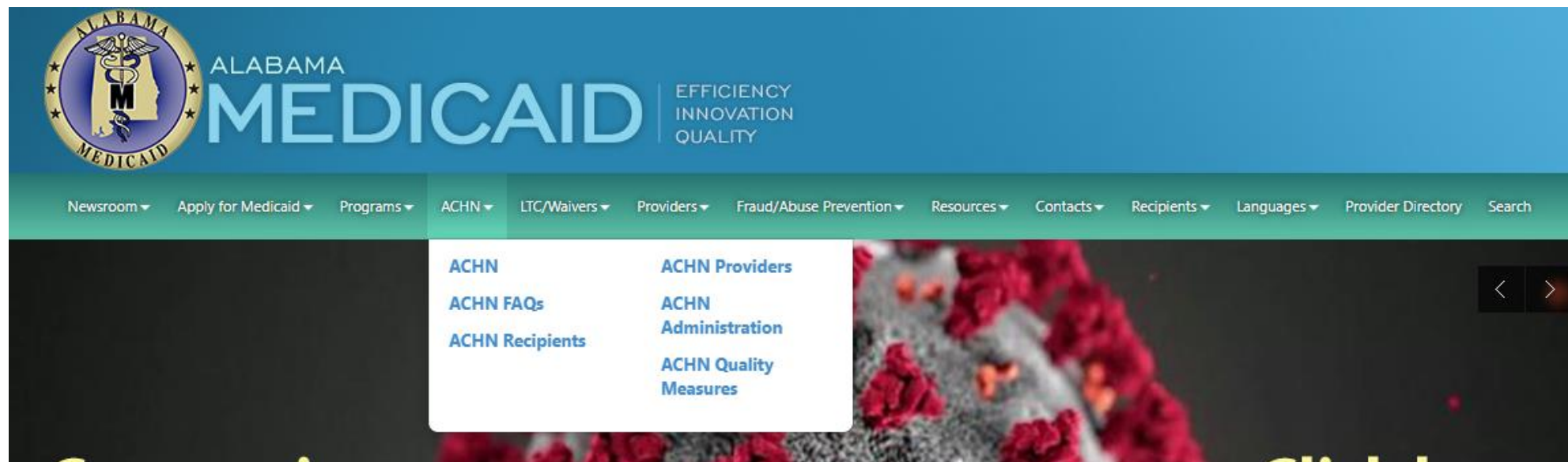
- Currently in the fourth demonstration year (DY 21) of the current waiver renewal period.
- As of March 31, 2021, there are 70,994 individuals enrolled in the Plan First program and 78,349 claims have been filed and paid since October 1, 2020.
- Currently, all counties have public provider options for Plan First services. Plan First providers enrolled in Alabama have increased from 1802 in October 2019 to 1906 in October 2020.
- Male enrollment in Plan First increased almost 10% (9.8%) between DY 19 and DY 20.
- Birth rates remain much lower with the Plan First program than they were estimated to be, based on pre-program birth rates.

Progress of the Waiver

- Family Planning care coordination was transitioned from Alabama Department of Public Health (ADPH) to Alabama Coordinated Health Networks (ACHNs) in October 2019.
- ACHNs receive monthly assignment file reports of all eligible Plan First/Family Planning eligible individuals (EIs).
- Care Coordinators utilize these reports to attempt outreach to EIs and to offer Family Planning Care Coordination services.

Alabama Coordinated Health Network (ACHN)

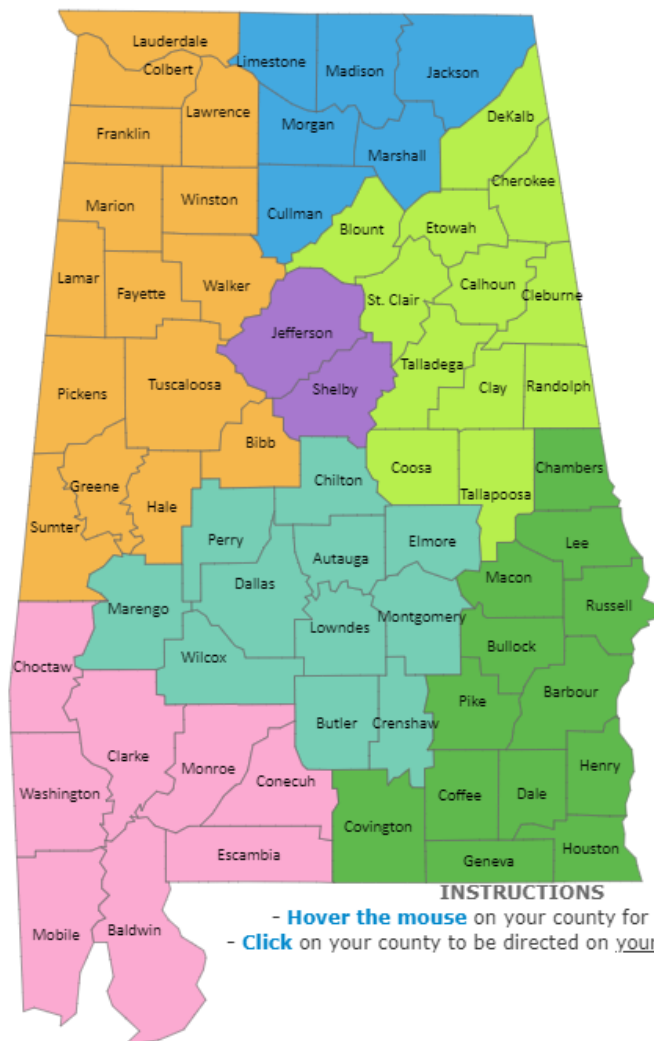
- Visit www.Medicaid.Alabama.gov and select the ACHN tab.



- Select either ACHN Recipients or ACHN Providers for information.

ACHN Contact Information

There are currently seven ACHN regions operating in Alabama. Please find the ACHN contact information for your region using the map below.



INSTRUCTIONS

- **Hover the mouse** on your county for more details
- **Click** on your county to be directed on your region's website

Uncheck "All" and Select Your County

- (All)
- Autauga
- Baldwin
- Barbour
- Bibb
- Blount

OR

Uncheck "All" and Select Your Region

- (All)
- Alabama Care Network Mid-Sta...
- Alabama Care Network Southe...
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East

ACHN Regions

- Alabama Care Network Mid-State
- Alabama Care Network Southeast
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East
- My Care Alabama Northwest
- North Alabama Community Care

Additional Information About The Plan First Program

- A copy of the approved Section 1115 Demonstration Waiver Extension Application and other information about Plan First may be found on the website at:
https://medicaid.alabama.gov/content/4.0_Programs/4.2_Medical_Services/4.2.4_Family_Planning.aspx
- A copy of the Request for the Proposal for the Alabama Coordinated Health Networks (ACHN) may be found on the website at:
https://medicaid.alabama.gov/documents/2.0_Newsroom/2.4_Procurement/2.4.1_Consolidated/2.4.1.4_2019/2.4.1.4_2019-ACHN_RFP_ALL.pdf

Medicaid Staff

Julie Gilliland

Program Manager

Plan First Program

Managed Care Operations Division

Telephone: 334-242-4167

Julie.Gilliland@Medicaid.Alabama.gov

Pamela Moore

Associate Director

Maternity/Family Planning/Plan First Unit

Managed Care Division Operations Director

Telephone: 334-353-3562

Pamela.Moore@Medicaid.Alabama.gov

Attendance

If you are a participant on the webinar, please **type your name in the chat box** to record your attendance.

If you are a participant by phone, please email Public.Comment@Medicaid.Alabama.gov to record your attendance.

We will now begin the **comment segment**.

Thank you!