1115 (a) Medicaid Family Planning Demonstration Waiver Plan First Program Annual Public Forum

Presented by the Managed Care Operations Division
Plan First Program Unit

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Objective of Public Forum

- To afford providers, recipients and other interested individuals the opportunity to provide comments on the progress of the Plan First Section 1115(a) Demonstration Waiver
What is Plan First?

- A federally approved Research and Demonstration Waiver for family planning services. The principle objective of Plan First is to prevent or delay pregnancy as well as, to improve the well-being of Alabama’s children and families by extending Medicaid eligibility for family planning services to eligible women/men.

- The waiver was originally approved in 2000 and was renewed by Centers for Medicare and Medicaid (CMS) on November 27, 2017. The current waiver will expire on September 30, 2022.
Who is Eligible?

Eligibility Requirements

- Income is at or below 141% of the federal poverty level
- Women ages 19-55 who are not otherwise eligible for Medicaid
- Men ages 21 or older who are seeking vasectomy services
Types of services covered under the Plan First Program

- Office visits
- Labs
- Contraceptives (pills, patches, rings, LARCs, injections)
- Care coordination
- STD/STI testing and counseling
- Tubal ligations
- Vasectomy/ Vasectomy related services
- Smoking Cessation Services (Nicotine Replacement Therapy (NRT) and Quit Line)
Progress of the Waiver

• Currently in the fourth demonstration year (DY 21) of the current waiver renewal period.

• As of March 31, 2021, there are 70,994 individuals enrolled in the Plan First program and 78,349 claims have been filed and paid since October 1, 2020.

• Currently, all counties have public provider options for Plan First services. Plan First providers enrolled in Alabama have increased from 1802 in October 2019 to 1906 in October 2020.

• Male enrollment in Plan First increased almost 10% (9.8%) between DY 19 and DY 20.

• Birth rates remain much lower with the Plan First program than they were estimated to be, based on pre-program birth rates.
Progress of the Waiver

- Family Planning care coordination was transitioned from Alabama Department of Public Health (ADPH) to Alabama Coordinated Health Networks (ACHNs) in October 2019.

- ACHNs receive monthly assignment file reports of all eligible Plan First/Family Planning eligible individuals (EIs).

- Care Coordinators utilize these reports to attempt outreach to EIs and to offer Family Planning Care Coordination services.
Alabama Coordinated Health Network (ACHN)


• Select either ACHN Recipients or ACHN Providers for information.
ACHN Contact Information

There are currently seven ACHN regions operating in Alabama. Please find the ACHN contact information for your region using the map below.
Additional Information About The Plan First Program

• A copy of the approved Section 1115 Demonstration Waiver Extension Application and other information about Plan First may be found on the website at:
  https://medicaid.alabama.gov/content/4.0_Programs/4.2_Medical_Services/4.2.4_Family_Planning.aspx

• A copy of the Request for the Proposal for the Alabama Coordinated Health Networks (ACHN) may be found on the website at:
  https://medicaid.alabama.gov/documents/2.0_Newsroom/2.4_Procurement/2.4.1.Consolidated/2.4.1.4_2019/2.4.1.4_2019-ACHN_RFP_ALL.pdf
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Attendance

If you are a participant on the webinar, please type your name in the chat box to record your attendance.

If you are a participant by phone, please email Public.Comment@Medicaid.Alabama.gov to record your attendance.

We will now begin the comment segment.
Thank you!