



1115 (A) Medicaid Family Planning Demonstration Waiver Plan First Program Annual Public Forum

Presented by Managed Care Operations Division
Plan First Program Unit

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Objective of Public Forum

- To offer recipients, providers and other interested individuals the opportunity to provide comments on the progress of the Plan First Section 1115(a) Demonstration Waiver

What Is Plan First?



- A federally approved Research and Demonstration Waiver for Family Planning services
- Primary objective is to prevent or delay pregnancy and to improve the well-being of Alabama's children and families
- Family Planning services available for eligible women/men
- First approved in 2000 and renewed by Centers for Medicare and Medicaid (CMS) in 2017
- Will expire on September 30, 2023

Who Is Eligible?

Eligibility Requirements

(Live in Alabama)
Be a citizen or be
in country legally

Income at or
below 141% of
the federal
poverty level

Women ages 19-
55 who are not
otherwise eligible
for Medicaid

Men ages 21 or older who
are seeking vasectomy
services

Types of Services Covered Under the Plan First Program

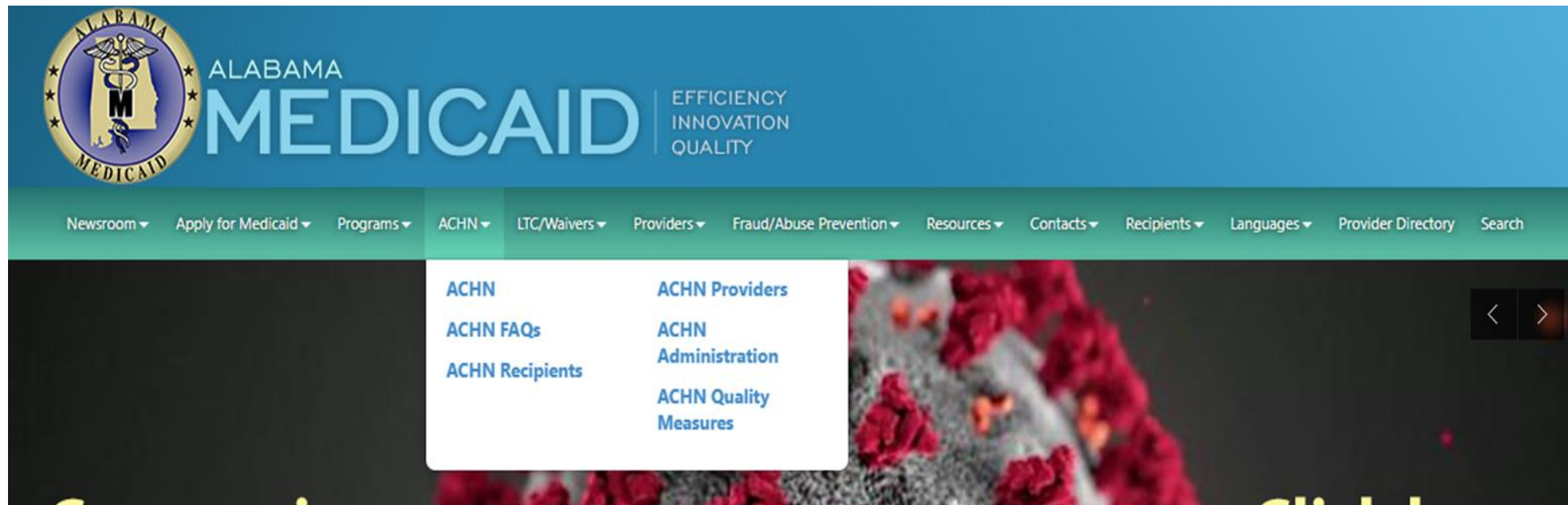
- Office visits
- Labs
- Contraceptives (pills, patches, rings, LARCs, injections)
- Care coordination
- STD/STI testing and counseling
- Tubal ligations
- Vasectomy/Vasectomy related services
- Smoking Cessation Services (Nicotine Replacement Therapy and Quit Line)

Progress of the Waiver (Plan First)

- Waiver is in 5th demonstration year of the current waiver renewal period
- 66,302 individuals enrolled in the Plan First program (as of September 30, 2022)
- 67,959 claims filed and paid (since October 1, 2022)
- Plan First services are available in all Alabama counties
- Increase of Plan First providers enrolled in Alabama from 1,802 (in October 2019) to 2,114 (in October 2022)

Alabama Coordinated Health Networks (ACHN)

- Visit www.Medicaid.Alabama.gov and select the ACHN tab



- Select either ACHN Recipients or ACHN Providers for information

ACHN Contact Information

There are currently seven ACHN regions operating in Alabama. Please find the ACHN contact information for your region using the map below.



INSTRUCTIONS

- **Hover the mouse** on your county for more details
- **Click** on your county to be directed on your region's website

Uncheck "All" and Select Your County

- (All)
- Autauga
- Baldwin
- Barbour
- Bibb
- Blount

OR

Uncheck "All" and Select Your Region

- (All)
- Alabama Care Network Mid-Sta...
- Alabama Care Network Southe...
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East

ACHN Regions

- Alabama Care Network Mid-State
- Alabama Care Network Southeast
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East
- My Care Alabama Northwest
- North Alabama Community Care

Additional Information About the Plan First Program

- A copy of the approved Section 1115 Demonstration Waiver Extension Application and other information about Plan First may be found on the website at:
 - www.medicaid.alabama.gov
 - **Select Programs**
 - **Select Family Planning/Plan First**
- A copy of the Request for the Proposal for the Alabama Coordinated Health Network (ACHN) may be found on the website at:
 - www.medicaid.alabama.gov
 - **Select ACHN**
 - **Select ACHN Administration**



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Attendance

- If you are a participant on the webinar, please **type your name in the chat box** to record your attendance.
- If you are a participant by phone, please email PublicComment@Medicaid.Alabama.gov to record your attendance.
- We will now begin the **comment segment**.

