



## Did you know ...?

### Mental Health/Substance Abuse Services



**Mental Health/Substance Abuse Services** - Mental health services for Seriously Mentally Ill (SMI) adults and Severely Emotionally Disturbed (SED) children and adolescents are provided through the Alabama Department of Mental Health (ADMH). Substance Abuse services for children/adolescents and adults are also provided through ADMH.

- These services are self-referred, meaning they must be initiated by the recipient (if over age 19) or by the parent of the recipient (if under age 19). If the primary care provider is attempting to arrange these services, the parent or recipient must be present and willing to speak directly with the Community Mental Health Center (CMHC) staff or Substance Abuse treatment center staff.
- Information on locating a provider for evaluation for mental health services can be found at [www.mh.alabama.gov/ut/findservices.aspx](http://www.mh.alabama.gov/ut/findservices.aspx) or call **1-800-367-0955**.
- For substance abuse treatment services provided by agencies which contract with ADMH, the process begins with a Placement Assessment. An individual looking for services may contact providers listed in the Substance Abuse Services Provider Directory.
- Click here <http://www.mh.alabama.gov/downloads/SA/SASDProgramDirectory.pdf> or call **1-800-367-0955** to make an appointment for a Placement Assessment relative to treatment needs. Agencies that accept Medicaid are indicated in the directory by an asterisk. Staff from the substance abuse treatment agency administer the Placement Assessment that facilitates the referral process for services based on the assessment results.
- To locate private psychology providers, contact **Stephanie Logan** at [stephanie.logan@medicaid.alabama.gov](mailto:stephanie.logan@medicaid.alabama.gov) .