Rule No. 560-X-57-.04 Covered Services

(1) Case Management Services.
   (a) Case management is a system of providing services which will assist waiver recipients in gaining needed waiver and other state plan services, as well as needed medical, social, educational, and other appropriate services, regardless of the funding source for the services to which access is gained. Case management services may be used to locate, coordinate, and monitor necessary and appropriate services. Case management activities may also be used to assist in the transition of an individual from institutional settings prior to discharge into the community.
   (b) Case managers are responsible for Care-plan Person-Centered Care Plan (PCCP) development and ongoing monitoring of the provision of waiver services and nonwaiver services included in the recipient’s Care-plan PCCP.
   (c) Case management will be provided by a case manager employed by or under contract with the Department of Rehabilitation Services or any other Medicaid approved provider of waiver services that meets the qualifications of Nurse I or Rehabilitation Counselor.

(2) Personal Care Services.
   (a) Personal care services are services that provide assistance with eating, bathing, dressing, personal hygiene and activities of daily living. Services may include assistance with preparation of meals but do not include the cost of meals themselves. When specified in the Care-plan PCCP, this service may also include such housekeeping chores as bed making, dusting and vacuuming, which are incidental to the care furnished, or which are essential to the health and welfare of the individual, rather than the individual’s family. Personal care providers must meet State standards for this service.
   (b) Personal care services will be provided by individuals employed by a certified Home Health Agency or other health care agencies approved by the Commissioner of the Alabama Medicaid Agency and supervised by a case manager. Persons providing personal care services must meet the qualifications of a personal care attendant and meet provider performance standards.
   (c) Personal care services may be provided by family members or friends only if lack of other qualified providers in applicable remote areas exists. Under no circumstances will payment be made for services furnished to an adult disabled child by the parent, to a parent by their child or to a recipient’s spouse if qualified providers are in the area. Payment will not be made for services furnished to a recipient by their child, the recipient’s spouse or to a minor by a parent (or stepparent).
   (cd) Services provided to each client are dependent on individual need as set forth in the client’s Care-plan PCCP. Personal care services may not exceed 25 hours per week and may not exceed 1300 hours per waiver year (April 1—March 31). Medicaid will not reimburse for activities which are not within the Scope of Services.

(3) Environmental Accessibility Adaptations
   (a) Environmental accessibility adaptations provide those physical adaptations to the home required by the individual’s Care-plan PCCP which are necessary to ensure the health, welfare, and safety of the individual or which enable the individual to function with greater independence in the home and without which the individual would require
institutionalization. The service may also be provided to assist an individual to transition from
an institution to the SAIL Waiver, but should not be billed until the first day the client is active
on the waiver. Adaptations may include the installation of ramps and grab-bars and/or the
widening of doorways in order to accommodate the medical equipment and supplies which are
necessary for the welfare of the individual. Excluded are those adaptations or improvements to
the home which are not of direct medical or remedial benefit to the waiver client, such as floor
covering, roof repair, central air conditioning, etc. Adaptations which add to the total square
footage of the home, any type of construction affecting the structural integrity of the home,
changes to the existing electrical components of the home or permanent adaptations to rental
property are excluded from this benefit. All services shall be provided in accordance with
applicable state or local building codes.

(b) Environmental accessibility adaptations will be provided by individuals
capable of constructing or installing the needed apparatus. Any construction/installation
completed must be in accordance with state and local building codes.

c) Environmental accessibility adaptations must be prior authorized and approved
by the Alabama Medicaid Agency or its designee for prior authorization and must be listed on
the client’s plan-of-carePCCP. Any expenditure in excess of the maximum allowed amount must
be approved by the State Coordinator and the Medicaid designated personnel.

(4) Personal Emergency Response System.
(a) Personal Emergency Response System (PERS) is an electronic service which
enables certain high-risk patients to secure help in the event of an emergency. The client may
also wear a portable "help" button which will allow for mobility. The system is connected to a
patient's phone and programmed to signal a response center once a patient's "help" button is
activated.

(b) PERS must be provided by trained professionals. The PERS staff must
complete a two-week training period for familiarization with the monitoring system and proper
protocol to provide appropriate response action.

c) Initial setup and installation of PERS must be on the individual’s plan-of
carePCCP, prior authorized and approved by the Alabama Medicaid Agency or its designee.

(5) Medical Supplies.
(a) Medical supplies include devices, controls, or appliances, specified in the Plan
of-CarePCCP, which enable individuals to increase their ability to perform activities of daily
living, to maintain health and safety in the home environment, or to perceive, control, or
communicate with the environment in which they live. All waiver medical supplies must be
prescribed by a physician, be medically necessary and be specified in the Plan of-CarePCCP.
(b) Providers of this service will be only those who have signed provider
agreements with the Alabama Medicaid Agency and the Department of Rehabilitation Services.
(c) Medical supplies service shall not exceed $2,100.00 annually per
recipient.

(6) Minor Assistive Technology
(a) Minor Assistive Technology (MAT) includes supplies, devices, controls or
appliances, specified in the Plan of-CarePCCP, which enable individuals to increase their
abilities to perform activities of daily living, or to perceive, control or communicate with the
environment in which they live. All MAT supplies must be prescribed by a physician, be medically necessary and be specified in the Plan of Care PCCP. Minor Assistive Technology is necessary to maintain the recipient's health, safety and welfare and to prevent further deterioration of a condition.

(b) Providers of this service will be those who have a signed provider agreement with the Alabama Medicaid Agency and the Department of Rehabilitation Services. Vendors providing MAT/devices should be capable of supplying and providing training in the use of the minor assistive technology/device.

(c) MAT shall not exceed the designated amount of $500.00 per recipient per waiver year.

(7) Assistive Technology.

(a) Assistive technology includes devices, pieces of equipment or products that are modified or customized which are used to increase, maintain or improve functional capabilities of individuals with disabilities. It also includes any service that directly assists an individual with a disability in the selection, acquisition or use of an assistive technology device. Such services may include evaluation of need, acquisition, selection, design, fitting, customizing, adaptation, application, etc. This service must be listed on the individual's Care Plan PCCP. Items reimbursed with waiver funds shall be in addition to any medical equipment furnished under the State Plan and shall exclude those items which are not of direct medical or remedial benefit to the recipient. The service must be medically necessary to prevent institutionalization or to assist an individual to transition from an institutional level of care to the SAIL Waiver. If the individual fails to transition to the SAIL Waiver, reimbursement will be at the administrative rate. All items shall meet applicable standards of manufacture, design and installation.

(b) Assistive technology and transitional assistive technology services must be prior authorized and approved by the Alabama Medicaid Agency, or its designee and must be listed on the client's Plan of Care PCCP.

(c) Assistive technology services will be provided by licensed individuals or businesses capable of supplying the needed equipment and/or supplies. Assistive technology must be approved by the Alabama Medicaid Agency and must be listed in the individual's Plan of Care PCCP. Providers of this service will be those who meet provider qualifications and who have a signed provider agreement with the Alabama Department of Rehabilitation Services. Upon completion of the service, the client must sign and date a form acknowledging receipt of the service.

(8) Assistive Technology Repairs

(a) Assistive technology repairs will provide for the repair of devices, equipment, or products that were previously purchased by the Alabama Medicaid Agency for the recipient. Repairs include replacement of parts or batteries to allow the equipment to operate.

(b) The provider should be responsible for replacement or repair of the equipment or any part thereof that is found to be nonfunctional because of faulty material or workmanship within the guarantee of the manufacturer without any charge to the recipient or the Alabama Department of Rehabilitation Services. Repairs outside the warranty period will be reimbursed by the operating agency.
(c) Businesses providing this service will possess a business license and also be required to give a guarantee on work performed.

(d) This service must be listed on the recipient Plan-of-CarePCCP before being provided.

(e) The maximum amount for this service is $2000.00 per recipient annually.

(9) Evaluation for Assistive Technology
   (a) Evaluation for assistive technology will provide evaluations and determinations of a client’s needs for equipment prescribed by a physician to promote health, safety, and prevent institutionalization or to assist an individual to transition from an institutional level of care to the SAIL Waiver. If the individual fails to transition to the SAIL Waiver, reimbursement will be at the administrative rate.

   (b) The individual providing evaluation must be a physical therapist licensed to do business in the State of Alabama and enrolled as a provider with the Alabama Department of Rehabilitation Services. The physical therapist should not have any financial or other affiliation with a vendor, manufacturer, or manufacturer’s representative of assistive technology equipment/devices.

   (c) A written copy of the physical therapist’s evaluation must accompany the prior authorization request and a copy must be kept in the recipient’s file. This service must be listed on the recipient’s Plan-of-CarePCCP before being provided.

(10) Personal Assistance Service
   (a) Personal assistance services (PAS) are a range of services provided by one or more persons designed to assist an individual with a disability to perform daily activities on and off the job. These activities would be performed by the individual if that person did not have a disability. Such services shall be designed to increase the individual’s independence and ability to perform everyday activities. This service will support that population of individuals with physical disabilities who need services beyond personal care and primarily those seeking competitive employment either in their home or in an integrated work setting.

   (b) Personal assistance services will be provided by a personal care attendant under the supervision of a registered nurse who meets the Personal Assistance Service staffing requirements. Individuals providing personal care services must meet the qualifications of a personal care attendant and meet provider performance standards.

   (e) Personal assistance services may be provided by family members or friends only if lack of other qualified providers in remote areas exists. Under no circumstances will payment be made for services furnished to an adult disabled child by the parent, to a parent by their child or to a recipient's spouse if qualified providers are in the area. Payment will not be made for services furnished to a recipient by their child, the recipient's spouse or to a minor by a parent (or stepparent).

(11) Unskilled Respite Care
   (a) Unskilled Respite Care is provided to individuals unable to care for themselves and is furnished on a short-term basis because of the absence of or need for relief of those persons normally providing care.

   (b) Unskilled Respite Care is provided for the benefit of the client and to meet client needs in the absence of the primary caregiver(s) rather than to meet the needs of others in the client's household.
(c) The use of Unskilled Respite Care is based on the needs of the individual client as reflected in the PCCP.

Author: Antoinette Hardy, Administrator, LTC Healthcare Reform Unit.
Statutory Authority: 42 CFR Section 441, Subpart G and the Home and Community-Based SAIL Waiver.